



In accordance with Covid-19 guidelines provided by the State of Maine we need to ask you a few questions. Please check all boxes that apply to you and other participants in your family, and sign below.

- ☐ I have not travelled outside of Maine, NH, NJ, CT, or Vermont in the past 14 days, except for the purposes of essential travel; OR, I have received a negative Covid-19 PCR test within the past 72 hours.
- ☐ I have not had any symptoms consistent with Covid19 (Cough, shortness of breath, fever, body aches) in the past 14 days.
- ☐ I am not aware of having been exposed in the past 14-days to anyone who is known or suspected of having Covid-19.
- ☐ I understand that I am expected to maintain at least 6-foot separation when possible, and use a face-covering (buff), if distancing can't be maintained. While the providers of this course will take reasonable precautions against transmission of the novel coronavirus, I recognize that the risks associated with Covid-19 cannot be entirely eliminated.

By signing below, I affirm that my answers are complete and truthful:

Signature

Your name

Date

Names of other participants in your family:

